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33

Teens Going Green

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FIGURE 33-1

we really is recycling green

press Tab Today's teens are more wired up, plugged in, worldly and savvy than ever. Many care deeply about the threats facing our environment, and are committed to making a difference. But it's not always easy to know exactly what to do to help our planet. Enter (1)

press Tab One easy way to get started is by turning your computer off when you're finished working, surfing, or IMing. You'll save an average of \$90 worth of electricity per year. And if you want to save even more, unplug your computer or flip the switch on a surge protector to stop the "phantom load" problem. Once you're done turning off your computer, be sure to turn off the lights behind you. Enter (1)

press Tab Something else to consider is catching the school bus. Even though many teens today can't wait to drive, the National Academies of Science and Engineering says that buses are not only a lot safer, they are also more fuel efficient than cars, saving gas and lowering emissions that cause global warming. And, if you live close enough to your destination, try walking or biking. It's not only healthy for the environment; it's healthy for you, too! Enter (1)

press Tab What about meat consumption? How many burgers do you eat in one week? Do you know that it takes 4.8 pounds of grain (fed to cattle) to produce one pound of ground beef? Do you know how many hungry people can be fed with 4.8 pounds of grain? It takes 2,500 to 6,000 pounds of water to produce one pound of meat, but one pound of wheat can be grown with 60 pounds of water. Making small cutbacks (maybe one day per week) is not only better for our planet; it's better for your body. Press Enter 1

press Tab And speaking of water, instead of buying bottled water, get a refill. Less than 20 percent of those single-use containers make it to the recycling bin. Get a cool metal bottle instead and fill it up when you're thirsty. In a matter of days, you'll have a few extra dollars in your pocket and in the process, cut down on waste. Press Enter 1

press Tab There are many, many ways to help Mother Nature but one really good way is to earn great grades. Mother Nature needs smart people to help protect her. Sure, you've heard it a million times before: it pays to stay in school. Here's one more reason: human population and consumption rates continue to swell, while habitat for wildlife shrinks. Global warming, ozone damage and acid rain are scary stuff. Humankind can right a lot of our wrongs and invent new technology to live lighter on the Earth, but it will take a lot of smarts. Press Enter (1)

press Tab From home and garden to food and health to tech and transportation, there are tons of ways we can make our lives greener, all we have to do is try. Press Enter (1)

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Works Cited -> Centered

Howard, Brian Clark. "Easy Ways for Teens to Go Green." The Daily Green 10 November 2010 <<http://www.thedailygreen.com/going-green/6334>>

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